

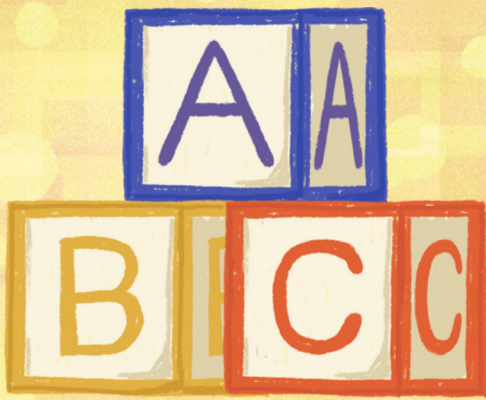


# SUMMER

## Workbook

Name:

Ages 5 - 6



# Parents & Students Learning Guide

## Introduction

### Welcome to the 8-Week Summer Learning Guide!

This **5 to 6 age group** booklet is designed to keep your child's mind active and engaged during the summer months.

The guide is divided into three age groups: **4-5 years, 5-6 years, and 6-7 years**, with tailored activities focusing on English and Math concepts appropriate for each age group.

# 8-Week Summer Learning Guide

## Daily Routine Suggestions:

- **Morning:** Start the day with a physical activity (e.g., yoga, stretching).
- **Mid-Morning:** Dedicated learning time using the guide.
- **Afternoon:** Creative or exploratory activity (e.g., crafts, nature walk).

## Parental Involvement Tips:

- Suggestions on how parents can support their child's learning.
- Ideas for interactive activities that parents and children can do together.

## Weekly Themes:

- Assign a fun theme for each week (e.g., Nature Week, Space Week) to make learning more engaging.
- Activities and resources that align with the theme.

## Progress Tracking:

- Simple charts or checklists for children to track their progress.
- A section for parents to note observations and achievements.



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Feel free to adjust the activities and resources as needed to best fit your child's learning style and pace.

If there is anything that is not included that should be to help the children.

Ages 4 to 5

## **Resource List:**

- List of recommended books, websites, and apps for additional learning and practice.
- Suggestions for educational toys and games.

## **Social Skills Development:**

- Activities that encourage social interaction and cooperation, such as group games or family projects.
- Emotional Well-being:
- Mindfulness exercises or calming activities to help children manage emotions.
- Journaling prompts for older children to express their feelings and experiences.

## **Hands-on Learning:**

- Science experiments or DIY projects that relate to weekly math and English concepts.
- Cooking activities that involve measuring ingredients to practice math skills.



# Week 1 - Theme: Space

## Monday:

- **Morning Activity:** Space-themed exercise routine.
- **Learning Time:** Sight words; addition within 5.
- **Creative Time:** Create a solar system model.

## Tuesday:

- **Morning Activity:** Planet hop (pretend to hop between planets).
- **Learning Time:** Read a book about space; pattern recognition.
- Star gazing or visit a planetarium.

## Wednesday:

- **Morning Activity:** Space trivia game.
- **Learning Time:** Write a short story about an astronaut; simple addition.
- **Creative Time:** Draw and name a new planet.



# Week 1 - Theme: Space

## Academics

### English:

- **Sight Words:** Learn 5 new sight words (e.g., the, and, it, to, a).
- **Reading:** Read a simple book and identify the main idea.

### Mathematics:

- **Addition:** Simple addition problems within 5.
- **Patterns:** Create and recognize patterns using objects or drawings.

# Week 2 - Theme: Community Helpers



## Monday:

- **Morning Activity:** Dress up as different community helpers.
- **Learning Time:** Sight words; addition within 10.
- **Creative Time:** Draw a picture of a favorite community helper.

## Tuesday:

- **Morning Activity:** Role-play different community jobs.
- **Learning Time:** Read a book about community helpers; identify shapes.
- **Exploration Time:** Visit a local fire station or police station.

## Wednesday:

- **Morning Activity:** Community helper charades.
- **Learning Time:** Write a short story about a community helper; simple addition.
- **Creative Time:** Make a thank-you card for a community helper.

# Week 2 - Theme: Community Helpers



## Academics:

### English:

- **Sight Words:** Learn 5 new sight words (e.g., in, you, that, is, of).
- **Reading:** Read a book and answer simple questions about it.

### Mathematics:

- **Addition:** Practice addition problems within 10.
- **Shapes:** Identify and draw more complex shapes (rectangle, oval).



# Week 3 - Theme: Weather

## Monday:

- **Morning Activity:** Weather observation and charting.
- **Learning Time:** Sight words; addition within 15.
- **Creative Time:** Draw different types of weather.

## Tuesday:

- **Morning Activity:** Weather-related dress-up.
- **Learning Time:** Read a weather-themed book; identify complex shapes.
- **Exploration Time:** Make a rain gauge and measure rainfall.

## Wednesday:

- **Morning Activity:** Weather bingo.
- **Learning Time:** Write a weather report; simple addition.
- **Creative Time:** Create a weather mobile.



# Week 3 - Theme: Weather

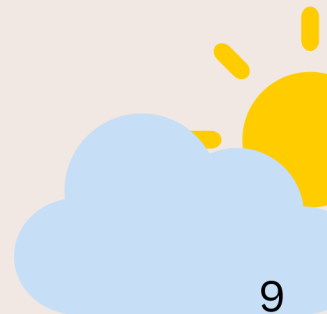
## Academics:

### English:

- **Sight Words:** Learn 5 new sight words (e.g., he, was, for, on, are).
- **Reading:** Read and discuss a book with a parent.

### Mathematics:

- **Addition:** Addition problems within 15.
- **Time:** Learn to tell time to the hour on an analog clock.



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Ages 4 to 5

# Week 4 - Theme: Dinosaurs

## Monday:

- **Morning Activity:** Dinosaur stomp dance.
- **Learning Time:** Sight words; addition within 20.
- **Creative Time:** Make a dinosaur fossil with clay.



## Tuesday:

- **Morning Activity:** Dinosaur-themed scavenger hunt.
- **Learning Time:** Read a book about dinosaurs; identify 3D shapes.
- **Exploration Time:** Visit a natural history museum or watch a dinosaur documentary.

## Wednesday:

- **Morning Activity:** Dinosaur trivia.
- **Learning Time:** Write a story about a dinosaur adventure; addition.
- **Creative Time:** Create a dinosaur diorama.

# Week 4 - Theme: Dinosaurs

## Academics

### English:

- **Sight Words:** Learn 5 new sight words (e.g., as, with, his, they, at).
- **Reading:** Identify characters and settings in a story.



### Mathematics:

- **Addition:** Addition problems within 20.
- **Money:** Recognize coins and their values.

# Week 5 - Theme: Fairy Tales

## Monday:

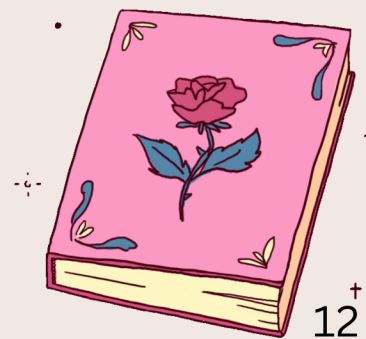
- **Morning Activity:** Dress up as fairy tale characters.
- **Learning Time:** Sight words; addition within 20.
- **Creative Time:** Create a fairy tale castle.

## Tuesday:

- **Morning Activity:** Fairy tale charades.
- **Learning Time:** Read a fairy tale; identify 3D shapes.
- **Exploration Time:** Visit a local castle or watch a fairy tale movie.

## Wednesday:

- **Morning Activity:** Fairy tale trivia.
- **Learning Time:** Write a new ending to a favorite fairy tale; addition.
- **Creative Time:** Make a fairy tale puppet show.



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Ages 4 to 5

# Week 5 - Theme: Fairy Tales

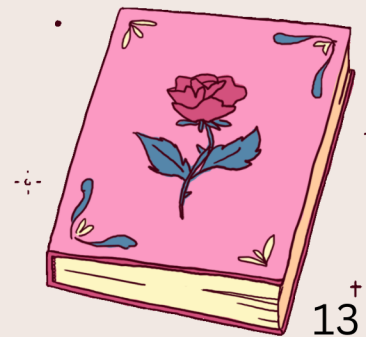
## Academics:

### English:

- **Sight Words:** Learn 5 new sight words (e.g., be, this, have, from, or).
- **Reading:** Retell a story in their own words.

### Mathematics:

- **Addition:** Word problems involving addition.
- **Shapes:** Identify 3D shapes (cube, sphere).



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Ages 4 to 5

# Week 6 - Theme: Outer Space

## Monday:

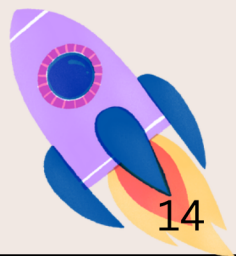
- **Morning Activity:** Space-themed exercise routine.
- **Learning Time:** Sight words; addition with dice or cards.
- **Creative Time:** Create a space mural.

## Tuesday:

- **Morning Activity:** Planet hop game.
- **Learning Time:** Read a book about space; identify complex shapes.
- **Exploration Time:** Star gazing or visit a planetarium.

## Wednesday:

- **Morning Activity:** Space-themed trivia.
- **Learning Time:** Write a story about an astronaut's adventure; addition.
- **Creative Time:** Make a constellation viewer.



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Ages 4 to 5

# Week 6 - Theme: Outer Space

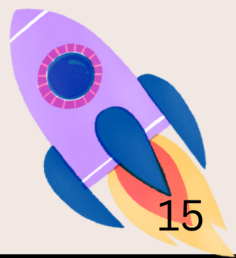
## Academics:

### English:

- **Sight Words:** Learn 5 new sight words (e.g., one, had, by, word, but).
- **Reading:** Identify the beginning, middle, and end of a story.

### Mathematics:

- **Addition:** Practice addition with dice or cards.
- **Time:** Tell time to the half-hour.



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Ages 4 to 5



# Week 7 - Theme: Oceans

## Monday:

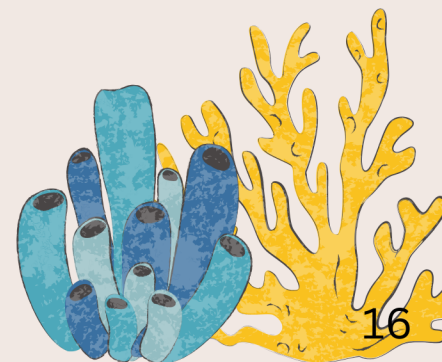
- **Morning Activity:** Ocean-themed exercises.
- **Learning Time:** Sight words; adding two-digit numbers without carrying.
- **Creative Time:** Draw and label parts of an ocean animal.

## Tuesday:

- **Morning Activity:** Ocean sensory bin.
- **Learning Time:** Read a book about ocean life; measure objects.
- **Exploration Time:** Visit an aquarium or watch an ocean documentary.

## Wednesday:

- **Morning Activity:** Ocean animal yoga.
- **Learning Time:** Write a story about an underwater adventure; addition.
- **Creative Time:** Create an ocean in a bottle.



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Ages 4 to 5

# Week 7 - Theme: Oceans

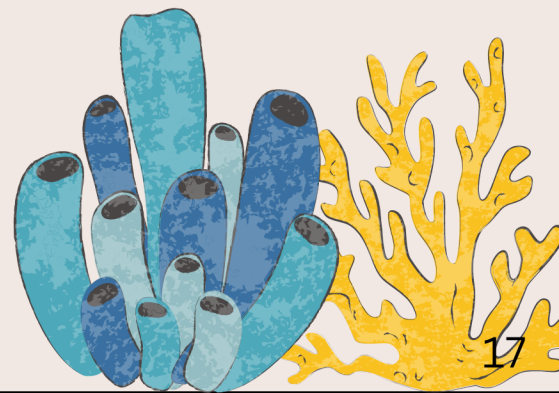
## Academics:

### English:

- **Sight Words:** Learn 5 new sight words (e.g., not, what, all, were, we).
- **Reading:** Make predictions about a story based on the title and cover.

### Mathematics:

- **Addition:** Adding two-digit numbers without carrying.
- **Measurement:** Measure using non-standard units (e.g., blocks, hands).



Feel free to adjust the activities and resources as needed to best fit your child's learning style and pace.

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Ages 4 to 5



# Week 8 - Theme: Exploration

## Monday:

- **Morning Activity:** Exploration-themed exercises.
- **Learning Time:** Review sight words; mixed addition and subtraction problems.
- **Creative Time:** Create a treasure map.

## Tuesday:

- **Morning Activity:** Explorer dress-up.
- **Learning Time:** Read an exploration-themed book; review time telling.
- **Exploration Time:** Visit a local museum or historical site.

## Wednesday:

- **Morning Activity:** Exploration trivia.
- **Learning Time:** Write a story about an exploration; review shapes.
- **Creative Time:** Make an explorer's journal.



# Week 8 - Theme: Exploration

## Academics:

### English:

- **Sight Words:** Review all sight words learned.
- **Reading:** Read a favorite book and discuss it.

### Mathematics:


- **Addition and Subtraction:** Mix of problems within 20.
- **Time:** Review telling time to the hour and half-hour.

## **8-Week Summer Learning Guide: Tracking Sheets**


These tracking sheets are designed for you to monitor your child's progress over the next 8-week summer learning program.

**Each sheet allows you to note daily activities and achievements, ensuring a comprehensive record of your child's development.**


# Week 1 - Theme: Space

Day	Activity	Completed 	Notes/Observations
Monday			
Tuesday			
Wednesday			

# Week 2 - Theme: Community Helpers


Day	Activity	Completed 	Notes/Observations
Monday	Colour scavenger hunt		
	Letters D, E, F; count objects up to 15		
	Paint with different colors		
Tuesday	Colour matching game		
	Read a colorful picture book; identify shapes		
	Nature walk to find colourful flowers and plants		
Wednesday	Colour sorting game		
	Identify rhyming words; sort objects by colour		
	Make a rainbow collage		

# Week 3 - Theme: Weather


Day	Activity	Completed 	Notes/Observations
Monday	Shape scavenger hunt		
	Letters G, H, I; count to 20		
	Build shapes using playdough		
Tuesday	Size comparison game		
	Read a book about shapes; identify and draw shapes		
	Visit a playground and identify shapes		
Wednesday	Shape sorting game		
	Identify rhyming words; compare objects by size		
	Create a shape collage		




# Week 4 - Theme: Dinosaurs

Day	Activity	Completed 	Notes/Observations
Monday	Toy car race		
	Letters J, K, L; count by 2s up to 20		
	Build a car from recycled materials		
Tuesday	Transportation- themed obstacle course		
	Read a book about different modes of transportation; identify shapes		
	Visit a transportation museum or watch transportation videos		
Wednesday	Transportation sorting game		
	Identify rhyming words; match numbers to objects		
	Draw a favorite mode of transportation		


# Week 5 - Theme: Fairy Tales

Day	Activity	Completed 	Notes/Observations
Monday	Space-themed obstacle course		
	Letters M, N, O; count backwards from 10		
	Make a rocket ship from cardboard		
Tuesday	Planet hop game		
	Read a space-themed book; sort objects by size		
	Star gazing or visit a planetarium		
Wednesday	Space-themed scavenger hunt		
	Identify rhyming words; count stars (objects)		
	Create a solar system model		


# Week 6 - Theme: Outer Space

Day	Activity	Completed 	Notes/Observations
Monday	Animal yoga poses		
	Letters P, Q, R; count to 30		
	Draw and color favorite animal		
Tuesday	Animal sounds game		
	Read an animal- themed book; create patterns with objects		
	Visit a local zoo or watch an animal documentary		
Wednesday	Animal-themed scavenger hunt		
	Identify rhyming words; match animal toys to their colors		
	Make animal masks		

# Week 7 - Theme: Oceans

Day	Activity	Completed 	Notes/Observations
Monday	Nature walk and observation		
	Letters S, T, U; skip counting by 5s		
	Collect and press leaves		
Tuesday	Build a bird feeder		
	Read a nature-themed book; compare lengths of objects		
	Visit a botanical garden or nature reserve		
Wednesday	Nature scavenger hunt		
	Identify rhyming words; compare objects by size		
	Paint a landscape		

# Week 8 - Theme: Exploration

Day	Activity	Completed 	Notes/Observations
Monday	Obstacle course adventure		
	Letters V, W, X, Y, Z; count to 50		
	Make a treasure map		
Tuesday	Adventure story time		
	Read an adventure-themed book; identify shapes and colors		
	Visit a local park and go on an adventure hike		
Wednesday	Adventure scavenger hunt		
	Review letters learned; match numbers to objects		
	Create an adventure scrapbook		

**Stories:** <https://www.vooks.com/>

**Hands-on Learning:**

- Science Experiment

**Resource List:**

Website Links